

GOODMAN-ARMSTRONG CREEK SCHOOL DISTRICT

LUNCH MENU—2017- 2018

STUDENTS MUST PICK 3 OF 5 COMPONENTS (FOOD GROUPS)

STUDENTS MUST TAKE A FRUIT OR VEGETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JANUARY 15 -19	TACO MEAT HARD OR SOFT SHELLS SALSA/ CORN REFRIED BEANS STRAWBERRIES GRAHAM CRACKERS SALAD BAR	HAM & CHEESE SUB (K-6) OVEN FRIES (7-12) W.G. CHIPS BROCCOLI TOMATO SLICES PINEAPPLE TIDBITS SALAD BAR	SALISBURY STEAK MASHED POTATOES GRAVY CAULIFLOWER W.W. ROLL & JELLY FRUIT COCKTAIL SALAD BAR	CHICKEN PATTY W.W. BUN TOMATO SLICES GREEN BEANS APPLESAUCE (9-12) CHICKEN PARMESAN SALAD BAR	COD NUGGETS COLESLAW POTATO SALAD GRAHAM CRACKERS FRESH FRUIT SALAD BAR
JANUARY 22 -26	CHILI W.G. MACARONI GREEN BEANS W.G. CORN CHIPS SLICED PEACHES SALAD BAR	CHICKEN STIR FRY BROWN RICE CORN MANDARIN ORANGES (9-12) W.W. ROLL JELLY SALAD BAR	BREAKFAST SAUSAGE/ WAFFLES (K-6) TATER TOTS (7-12) TRI-TATERS BAKED BEANS FRUIT COCKTAIL JUICE SALAD BAR	CHICKEN TETRAZZINI BROCCOLI W.W. ROLL JELLY APPLESAUCE GELATIN SALAD BAR	HOT DOG OR CHILI DOG W.W. BUN BAKED BEANS FRESH FRUIT SALAD BAR
JANUARY 29 THRU FEBRUARY 2	SAUSAGE PIZZA GREEN BEANS SLICED PEARS FRUIT JUICE JELLO SALAD BAR	CHICKEN QUESADILLA REFRIED BEANS SALSA CORN W.G. CORN CHIPS SLICED PEACHES SALAD BAR	W.G. CORN DOGS BAKED BEANS (K-6) SWEET POTATO FRIES (7-12) W.G. CHIPS BAKED APPLES SALAD BAR	BBQ'D CHICKEN BREAST/ WILD RICE MASHED POTATOES GRAVY/ BROCCOLI W.W. ROLL & JELLY PINEAPPLE TIDBITS SALAD BAR	W.W. GRILLED CHEESE SANDWICH TOMATO SOUP CORN FRESH FRUIT SALAD BAR
FEBRUARY 5 - 9	CHICKEN ALFREDO CORN W.W. ROLL & JELLY SLICED PEACHES SALAD BAR	BBQ'D PORK RIBLET MASHED POTATOES GRAVY CAULIFLOWER W.W. ROLL & JELLY MANDARIN ORANGES SALAD BAR	SPAGHETTI IN MEAT SAUCE BROCCOLI W.W. GARLIC TOAST FRUIT COCKTAIL SALAD BAR	TURKEY & CHEESE SUB/ CHICKEN NOODLE SOUP/ TOMATO SLICES/ COOKED CARROTS APPLESAUCE SALAD BAR	BEEFY NACHOS REFRIED BEANS GREEN BEANS GRAHAM CRACKERS FRESH FRUIT SALAD BAR
FEBRUARY 12 - 16	CHICKEN WRAP MAC & CHEESE GREEN BEANS SLICED PEACHES SALAD BAR	HAMBURGER/ W.W. BUN/ BAKED BEANS (k-6) SWEET POTATO FRIES/ (7-12) W.G. CHIPS TOMATO SLICES MANDARIN ORANGES SALAD BAR	LASAGNA BROCCOLI W.W. GARLIC TOAST FRUIT COCKTAIL SALAD BAR	CHICKEN NUGGETS MASHED POTATOES GRAVY CORN W.W. ROLL JELLY CANNED PEARS SALAD BAR	PIZZA DIPPERS PIZZA SAUCE CAULIFLOWER FRESH FRUIT SALAD BAR

W.W. (WHOLE WHEAT) W.G. (WHOLE GRAIN)

ALL MEALS INCLUDE: SALAD BAR, FRESH APPLES & ORANGES, AND MILK CHOICE.

DESSERTS ARE SERVED PERIODICALLY. MENUS ARE SUBJECT TO CHANGE DEPENDING ON COST AND AVAILABILITY OF ITEMS.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.