



GOODMAN-ARMSTRONG CREEK SCHOOL DISTRICT

LUNCH MENU—2018- 2019

STUDENTS MUST PICK 3 OF 5 COMPONENTS (FOOD GROUPS)

STUDENTS MUST TAKE A FRUIT OR VEGETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 10 - 14	TACO MEAT HARD OR SOFT SHELLS SALSA CORN REFRIED BEANS STRAWBERRIES GRAHAM CRACKERS SALAD BAR	CHICKEN STIR FRY BROWN RICE CORN MANDARIN ORANGES (9 -12) W.W.ROLL SALAD BAR	B.B.Q. SHREDDED PORK W.W.BUN (PK-6) OVEN FRIES (7-12) W.G. CHIPS BROCCOLI PINEAPPLE TIDBITS SALAD BAR	BREAKFAST SAUSAGE WAFFLES TATER TOTS BAKED BEANS FRUIT COCKTAIL JUICE SALAD BAR	COD NUGGETS COLESLAW POTATO SALAD GRAHAM CRACKERS FRESH FRUIT SALAD BAR
December 17 - 21	CHILI W.G. MACARONI GREEN BEANS W.G. CORN CHIPS SLICED PEACHES SALAD BAR	SALISBURY STEAK MASHED POTATOES GRAVY CAULIFLOWER W.W. ROLL & JELLY SALAD BAR	CHICKEN PATTY W.W. BUN TOMATO SLICES GREEN BEANS APPLESAUCE (9-12) CHICKEN PARMESAN SALAD BAR	CHICKEN TETRAZZINI BROCCOLI W.W. ROLL JELLY APPLESAUCE GELATIN SALAD BAR	HOT DOG OR CHILI DOG W.W. BUN BAKED BEANS FRESH FRUIT SALAD BAR
December 24 - 28		CHRISTMAS VACATION			
December 31 Thru January 4	No School	Happy New Year	TURKEY & CHEESE SUB CHICKEN NOODLE SOUP TOMATO SLICES COOKED CARROTS APPLESAUCE SALAD BAR	CHICKEN ALFREDO CORN W.W.ROLL SLICED PEACHES SALAD BAR	BEEFY NACHOS REFRIED BEANS GREEN BEANS GRAHAM CRACKERS FRESH FRUIT SALAD BAR
January 7 - 11	CHICKEN WRAP MAC & CHEESE GREEN BEANS SLICED PEACHES SALAD BAR	CHICKEN NUGGETS MASHED POTATOES GRAVY CORN W.W. ROLL JELLY CANNED PEARS SALAD BAR	HAMBURGER W.W. BUN BAKED BEANS (PK-6) SWEET POTATO FRIES (7-12) W.G. CHIPS TOMATO SLICES MANDARIN ORANGES SALAD BAR	LASAGNA BROCCOLI W.W. GARLIC TOAST FRUIT COCKTAIL SALAD BAR	PIZZA DIPPERS PIZZA SAUCE CAULIFLOWER FRESH FRUIT SALAD BAR

W.W. (WHOLE WHEAT) W.G. (WHOLE GRAIN)

ALL MEALS INCLUDE: SALAD BAR, FRESH APPLES & ORANGES, AND MILK CHOICE.

DESSERTS ARE SERVED PERIODICALLY. MENUS ARE SUBJECT TO CHANGE DEPENDING ON COST AND AVAILABILITY OF ITEMS.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

